



Beau Burnett

Motivational Speaker |
Diabetes Health & Mindset CCoach



*“Change the way you think.
Change the way you live.”*

ABOUT BEAU BURNETT

Beau Burnett is a **motivational speaker** and **diabetes health & mindset coach** who helps individuals and families take control of their health and their lives.

After losing his eyesight and facing life-changing adversity, Beau turned his change into a powerful message of **resilience, ownership, and daily discipline.**

Today, he speaks to diabetics, parents, and organizations, helping them build stronger habits, better health, and a mindset that creates lasting change.

WHAT I SPEAK ABOUT

- Mindset & Resilience
- Living Strong with Diabetes
- Daily Habits That Change Health
- Overcoming Adversity
- Parent Support & Guidance

WHAT AUDIENCES GET

- Practical daily habits they can apply immediately
- A mindset shift around health and adversity
- Real-life tools for managing diabetes
- Motivation that actually sticks

WHO I SPEAK TO

- Diabetics (Type 1 & Type 2)
- Parents of diabetics
- Health organizations
- Schools & youth groups
- Corporate wellness programs



BOOK BEAU BURNETT

Scan the QR code or visit:

yourdailydiabetic.com/speaking



Let's work together to inspire change and create healthier lives.

“ Beau’s message is powerful, relatable, and life-changing. ”



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